St Luke’s Nursing Home

Performance Report

429 Rokeby Road   
SUBIACO WA 6008  
Phone number: 08 9321 1388

**Commission ID:** 7794

**Provider name:** Fresh Fields Aged Care Pty Ltd

**Site Audit date:** 10 February 2020 to 12 February 2020

# Overall assessment of this Service

|  |  |
| --- | --- |
| **Standard 1 Consumer dignity and choice** | **Compliant** |
| Requirement 1(3)(a) | Compliant |
| Requirement 1(3)(b) | Compliant |
| Requirement 1(3)(c) | Compliant |
| Requirement 1(3)(d) | Compliant |
| Requirement 1(3)(e) | Compliant |
| Requirement 1(3)(f) | Compliant |
| **Standard 2 Ongoing assessment and planning with consumers** | **Compliant** |
| Requirement 2(3)(a) | Compliant |
| Requirement 2(3)(b) | Compliant |
| Requirement 2(3)(c) | Compliant |
| Requirement 2(3)(d) | Compliant |
| Requirement 2(3)(e) | Compliant |
| **Standard 3 Personal care and clinical care** | **Compliant** |
| Requirement 3(3)(a) | Compliant |
| Requirement 3(3)(b) | Compliant |
| Requirement 3(3)(c) | Compliant |
| Requirement 3(3)(d) | Compliant |
| Requirement 3(3)(e) | Compliant |
| Requirement 3(3)(f) | Compliant |
| Requirement 3(3)(g) | Compliant |
| **Standard 4 Services and supports for daily living** | **Compliant** |
| Requirement 4(3)(a) | Compliant |
| Requirement 4(3)(b) | Compliant |
| Requirement 4(3)(c) | Compliant |
| Requirement 4(3)(d) | Compliant |
| Requirement 4(3)(e) | Compliant |
| Requirement 4(3)(f) | Compliant |
| Requirement 4(3)(g) | Compliant |
| **Standard 5 Organisation’s service environment** | **Compliant** |
| Requirement 5(3)(a) | Compliant |
| Requirement 5(3)(b) | Compliant |
| Requirement 5(3)(c) | Compliant |
| **Standard 6 Feedback and complaints** | **Compliant** |
| Requirement 6(3)(a) | Compliant |
| Requirement 6(3)(b) | Compliant |
| Requirement 6(3)(c) | Compliant |
| Requirement 6(3)(d) | Compliant |
| **Standard 7 Human resources** | **Compliant** |
| Requirement 7(3)(a) | Compliant |
| Requirement 7(3)(b) | Compliant |
| Requirement 7(3)(c) | Compliant |
| Requirement 7(3)(d) | Compliant |
| Requirement 7(3)(e) | Compliant |
| **Standard 8 Organisational governance** | **Compliant** |
| Requirement 8(3)(a) | Compliant |
| Requirement 8(3)(b) | Compliant |
| Requirement 8(3)(c) | Compliant |
| Requirement 8(3)(d) | Compliant |
| Requirement 8(3)(e) | Compliant |

# Detailed assessment

This performance report details the Commission’s assessment of the provider’s performance, in relation to the service, against the Aged Care Quality Standards (Quality Standards). The Quality Standard and requirements are assessed as either compliant or non-compliant at the Standard and requirement level where applicable.

The report also specifies areas in which improvements must be made to ensure the Quality Standards are complied with.

The following information has been taken into account in developing this performance report:

* the Assessment Team’s report for the Site Audit; the Site Audit report was informed by a site assessment, observations at the service, review of documents and interviews with staff, consumers/representatives and others.

# STANDARD 1 COMPLIANT Consumer dignity and choice

### Consumer outcome:

1. I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

### Organisation statement:

1. The organisation:
2. has a culture of inclusion and respect for consumers; and
3. supports consumers to exercise choice and independence; and
4. respects consumers’ privacy.

## Assessment of Standard 1

Consumers and their representatives confirmed they are treated with dignity and respect, can maintain their identity, make informed choices about their care and services to live the life they choose. Consumers report being encouraged to maintain their independence and they are consulted about matters involving care, services and individual preferences.

Staff interviewed by the Assessment Team demonstrated in-depth knowledge of consumers at the service, including their choices and preferences in relation to care and services. Staff were observed to approach consumers and their representatives respectfully and demonstrated genuine care towards care recipients.

Documentation demonstrated a comprehensive social history is collected for each consumer, including preferences and what is important to them. This information informs the care plan, identifies the uniqueness of the consumer and how staff are to support the consumer to live the life they choose.

Risk is identified and consumers and their representatives are consulted in relation to how risk is managed.

The Quality Standard is assessed as Compliant, as six of six specific requirements have been assessed as Compliant.

## Assessment of Standard 1 Requirements

### Requirement 1(3)(a) Compliant

Each consumer is treated with dignity and respect, with their identity, culture and diversity valued.

### Requirement 1(3)(b) Compliant

Care and services are culturally safe.

### Requirement 1(3)(c) Compliant

Each consumer is supported to exercise choice and independence, including to:

1. make decisions about their own care and the way care and services are delivered; and
2. make decisions about when family, friends, carers or others should be involved in their care; and
3. communicate their decisions; and make connections with others and maintain relationships of choice, including intimate relationships.

### Requirement 1(3)(d) Compliant

Each consumer is supported to take risks to enable them to live the best life they can.

### Requirement 1(3)(e) Compliant

Information provided to each consumer is current, accurate and timely, and communicated in a way that is clear, easy to understand and enables them to exercise choice.

### Requirement 1(3)(f) Compliant

Each consumer’s privacy is respected and personal information is kept confidential.

# STANDARD 2 COMPLIANT Ongoing assessment and planning with consumers

### Consumer outcome:

### I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well-being.

### Organisation statement:

1. The organisation undertakes initial and ongoing assessment and planning for care and services in partnership with the consumer. Assessment and planning has a focus on optimising health and well-being in accordance with the consumer’s needs, goals and preferences.

## Assessment of Standard 2

The Assessment Team found that consumers are engaged in the ongoing assessment and planning of their care and services.

All consumers and representatives interviewed confirmed the service involves them in the assessment and planning of care and services. Consumers and representatives confirmed care planning documents are readily accessible both during the planning process and when requested.

Staff interviewed were able to demonstrate knowledge of consumer care delivery in line with the care and services plan, and knowledge of the organisation’s assessment and care planning procedures.

Assessment and care planning documents reviewed by the Assessment Team demonstrated ongoing assessment and care planning occurs with consultation and input from consumers and their representatives. Consumer goals were clearly defined and consumer-centred.

The Quality Standard is assessed as Compliant, as five of five specific requirements have been assessed as Compliant.

## Assessment of Standard 2 Requirements

### Requirement 2(3)(a) Compliant

Assessment and planning, including consideration of risks to the consumer’s health and well-being, informs the delivery of safe and effective care and services.

### Requirement 2(3)(b) Compliant

Assessment and planning identifies and addresses the consumer’s current needs, goals and preferences, including advance care planning and end of life planning if the consumer wishes.

### Requirement 2(3)(c) Compliant

The organisation demonstrates that assessment and planning:

1. is based on ongoing partnership with the consumer and others that the consumer wishes to involve in assessment, planning and review of the consumer’s care and services; and
2. includes other organisations, and individuals and providers of other care and services, that are involved in the care of the consumer.

### Requirement 2(3)(d) Compliant

The outcomes of assessment and planning are effectively communicated to the consumer and documented in a care and services plan that is readily available to the consumer, and where care and services are provided.

### Requirement 2(3)(e) Compliant

Care and services are reviewed regularly for effectiveness, and when circumstances change or when incidents impact on the needs, goals or preferences of the consumer.

# STANDARD 3 COMPLIANT Personal care and clinical care

### Consumer outcome:

1. I get personal care, clinical care, or both personal care and clinical care, that is safe and right for me.

### Organisation statement:

1. The organisation delivers safe and effective personal care, clinical care, or both personal care and clinical care, in accordance with the consumer’s needs, goals and preferences to optimise health and well-being.

## Assessment of Standard 3

The Assessment Team found all consumers sampled consider they receive personal care and clinical care that is safe and right for them.

Consumers interviewed confirmed staff meet their needs on a daily basis, and their doctor visits on a regular basis. Where required, they are referred to specialists or other allied health professionals. Consumers interviewed reported they were pain free.

The service has best practice documentation in relation to Clinical Governance and Risk Management. This comprehensive suite of policies and procedures directs staff in the delivery and management of consumers’ clinical care and personal care.

Staff demonstrated knowledge and application of the service’s clinical assessment, planning and incident reporting system and provided examples of how they use the system to identify and manage consumers’ clinical care needs including consumers with high impact and high prevalence risks.

Documentation confirmed consumers’ clinical and personal care needs are identified and strategies are in place to direct staff in the delivery of care. Documentation showed where incidents and changes impacting on consumers’ needs occur the service reviews the strategies in place for effectiveness and implements changes and referrals to specialists where required.

The Quality Standard is assessed as Compliant, as seven of seven specific requirements have been assessed as Compliant.

### Assessment of Standard 3 Requirements

### Requirement 3(3)(a) Compliant

Each consumer gets safe and effective personal care, clinical care, or both personal care and clinical care, that:

1. is best practice; and
2. is tailored to their needs; and
3. optimises their health and well-being.

### Requirement 3(3)(b) Compliant

Effective management of high impact or high prevalence risks associated with the care of each consumer.

### Requirement 3(3)(c) Compliant

The needs, goals and preferences of consumers nearing the end of life are recognised and addressed, their comfort maximised and their dignity preserved.

### Requirement 3(3)(d) Compliant

Deterioration or change of a consumer’s mental health, cognitive or physical function, capacity or condition is recognised and responded to in a timely manner.

### Requirement 3(3)(e) Compliant

Information about the consumer’s condition, needs and preferences is documented and communicated within the organisation, and with others where responsibility for care is shared.

### Requirement 3(3)(f) Compliant

Timely and appropriate referrals to individuals, other organisations and providers of other care and services.

### Requirement 3(3)(g) Compliant

Minimisation of infection related risks through implementing:

1. standard and transmission based precautions to prevent and control infection; and
2. practices to promote appropriate antibiotic prescribing and use to support optimal care and reduce the risk of increasing resistance to antibiotics.

# STANDARD 4 COMPLIANT Services and support for daily living

### Consumer outcome:

1. I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

### Organisation statement:

1. The organisation provides safe and effective services and supports for daily living that optimise the consumer’s independence, health, well-being and quality of life.

## Assessment of Standard 4

The Assessment Team found all consumers interviewed confirmed they get the services and supports for daily living that are important for their health and well-being and enables them to do the things they want to do. They are offered reassurance and emotional support when required.

Consumers and their representatives confirmed they are supported to do the things they would like to do including going out into the community and maintaining relationships with the people who are important to them. Consumers confirmed they are satisfied the meals provided are varied and of good quality.

The service has an activity program which is regularly reviewed and evaluated to ensure lifestyle opportunities reflect current preferences and interests of consumers. This program provides for varying levels of functional ability and is overseen by an Occupational Therapist. Consumers also have access to a range of resources and equipment suitable for their needs including table games, exercise equipment, books, music and DVDs.

Staff show a good understanding of what is important to individual consumers, and they use information and data collected to guide conversations and relationship building with consumers.

A range of mobility aids are available to support consumer needs. Equipment was observed to be clean and in good working order.

Documentation demonstrated that information is recorded about consumers’ involvement in the community and relationships that are important to them. Any changes in consumer needs or preferences are discussed during handover and documented in the care and services plan.

The Quality Standard is assessed as Compliant, as seven of seven specific requirements have been assessed as Compliant.

## Assessment of Standard 4 Requirements

### Requirement 4(3)(a) Compliant

Each consumer gets safe and effective services and supports for daily living that meet the consumer’s needs, goals and preferences and optimise their independence, health, well-being and quality of life.

### Requirement 4(3)(b) Compliant

Services and supports for daily living promote each consumer’s emotional, spiritual and psychological well-being.

### Requirement 4(3)(c) Compliant

Services and supports for daily living assist each consumer to:

1. participate in their community within and outside the organisation’s service environment; and
2. have social and personal relationships; and
3. do the things of interest to them.

### Requirement 4(3)(d) Compliant

Information about the consumer’s condition, needs and preferences is communicated within the organisation, and with others where responsibility for care is shared.

### Requirement 4(3)(e) Compliant

Timely and appropriate referrals to individuals, other organisations and providers of other care and services.

### Requirement 4(3)(f) Compliant

Where meals are provided, they are varied and of suitable quality and quantity.

### Requirement 4(3)(g) Compliant

Where equipment is provided, it is safe, suitable, clean and well maintained.

# STANDARD 5 COMPLIANT Organisation’s services environment

### Consumer outcome:

1. I feel I belong and I am safe and comfortable in the organisation’s service environment.

### Organisation statement:

1. The organisation provides a safe and comfortable service environment that promotes the consumer’s independence, function and enjoyment.

## Assessment of Standard 5

Consumers interviewed indicated they feel they belong in the service and feel safe and comfortable in the service environment. They have items of importance around them and are encouraged to make their environment homely.

The Assessment team observed the service environment to be clean, welcoming and well maintained. Communal areas are central to consumers’ rooms allowing for easy access. Outside areas are accessible to consumers with appropriate furniture and shaded areas. Staff were welcoming and supported consumers to move freely throughout the service.

Staff discuss what is important to consumers and what will make them feel at home. Regular audits are undertaken of the living environment and consumer feedback is solicited through monthly resident meetings.

Regular preventative and reactive maintenance is undertaken to ensure the environment is safe and comfortable.

The Quality Standard is assessed as Compliant, as three of three specific requirements have been assessed as Compliant.

## Assessment of Standard 5 Requirements

### Requirement 5(3)(a) Compliant

The service environment is welcoming and easy to understand, and optimises each consumer’s sense of belonging, independence, interaction and function.

### Requirement 5(3)(b) Compliant

The service environment:

1. is safe, clean, well maintained and comfortable; and
2. enables consumers to move freely, both indoors and outdoors.

### Requirement 5(3)(c) Compliant

Furniture, fittings and equipment are safe, clean, well maintained and suitable for the consumer.

# STANDARD 6 COMPLIANT Feedback and complaints

### Consumer outcome:

1. I feel safe and am encouraged and supported to give feedback and make complaints. I am engaged in processes to address my feedback and complaints, and appropriate action is taken.

### Organisation statement:

1. The organisation regularly seeks input and feedback from consumers, carers, the workforce and others and uses the input and feedback to inform continuous improvements for individual consumers and the whole organisation.

## Assessment of Standard 6

Consumers interviewed indicated they are encouraged and supported to give feedback and make complaints, and where complaints are made, appropriate action is taken. Consumers and representatives stated they were able to see improvements at the service in response to complaints and feedback.

Staff demonstrated awareness of both the complaint management process and how to support consumers in raising complaints and providing feedback about care and services.

The service has a complaints management process, and a readily accessible open disclosure policy and procedure. Brochures and information regarding how to make a complaint are available in common areas of the service, and in formats that cater for cultural and linguistic diversity.

Complaints data and trends are reviewed to improve the quality of care and services.

The Quality Standard is assessed as Compliant, as four of four specific requirements have been assessed as Compliant.

## Assessment of Standard 6 Requirements

### Requirement 6(3)(a) Compliant

Consumers, their family, friends, carers and others are encouraged and supported to provide feedback and make complaints.

### Requirement 6(3)(b) Compliant

Consumers are made aware of and have access to advocates, language services and other methods for raising and resolving complaints.

### Requirement 6(3)(c) Compliant

Appropriate action is taken in response to complaints and an open disclosure process is used when things go wrong.

### Requirement 6(3)(d) Compliant

Feedback and complaints are reviewed and used to improve the quality of care and services.

# STANDARD 7 COMPLIANT Human resources

### Consumer outcome:

1. I get quality care and services when I need them from people who are knowledgeable, capable and caring.

### Organisation statement:

1. The organisation has a workforce that is sufficient, and is skilled and qualified, to provide safe, respectful and quality care and services.

## Assessment of Standard 7

Consumers interviewed indicated they get quality care and services when they need them and from people who are knowledgeable, capable and caring. For example:

* All consumers interviewed were complimentary of staff, saying staff are kind and caring.
* Consumers interviewed confirmed staff know what they are doing and understand the care they need.
* Consumers interviewed indicated there are adequate staff numbers and staff assist them in a timely manner.

A review of rostering documentation and staff attendance records demonstrated there was a sufficient quantity and mix of staff to meet the care needs of consumers.

Staff feel there are many opportunities provided to increase their knowledge, and training is an ongoing activity.

A review of the service’s Performance Management Framework and training documentation showed regular assessment, monitoring and review of staff performance is undertaken. A variety of methods are utilised to inform staff about their performance including individual performance agreements, toolbox meetings, consumer feedback, regular supervision, observations, and formal development and training programs.

The Quality Standard is assessed as Compliant, as five of five specific requirements have been assessed as Compliant.

## Assessment of Standard 7 Requirements

### Requirement 7(3)(a) Compliant

The workforce is planned to enable, and the number and mix of members of the workforce deployed enables, the delivery and management of safe and quality care and services.

### Requirement 7(3)(b) Compliant

Workforce interactions with consumers are kind, caring and respectful of each consumer’s identity, culture and diversity.

### Requirement 7(3)(c) Compliant

The workforce is competent and the members of the workforce have the qualifications and knowledge to effectively perform their roles.

### Requirement 7(3)(d) Compliant

The workforce is recruited, trained, equipped and supported to deliver the outcomes required by these standards.

### Requirement 7(3)(e) Compliant

Regular assessment, monitoring and review of the performance of each member of the workforce is undertaken.

# STANDARD 8 COMPLIANT Organisational governance

### Consumer outcome:

1. I am confident the organisation is well run. I can partner in improving the delivery of care and services.

### Organisation statement:

1. The organisation’s governing body is accountable for the delivery of safe and quality care and services.

## Assessment of Standard 8

Consumers interviewed indicated that the organisation is well run, and they are able to partner in improving the delivery of care and services. There is evidence of ongoing consultation with consumers in designing and planning their care.

The service has a Clinical Governance Framework and effective risk management systems in place which promote a culture of safe, inclusive and quality care. The Office of the Chief Executive Officer, along with the quality governance and finance team communicate regulatory compliance updates and track changes in Legislation.

Staff reported they have the information they need to deliver high quality care. Staff interviews demonstrated organisational policies and procedures are understood and used effectively.

The service has a continuous improvement system and maintains a continuous improvement plan which is used to identify, capture, implement, monitor and review service improvement activities.

The Quality Standard is assessed as Compliant, as five of the five specific requirements have been assessed as Compliant.

## Assessment of Standard 8 Requirements

### Requirement 8(3)(a) Compliant

Consumers are engaged in the development, delivery and evaluation of care and services and are supported in that engagement.

### Requirement 8(3)(b) Compliant

The organisation’s governing body promotes a culture of safe, inclusive and quality care and services and is accountable for their delivery.

### Requirement 8(3)(c) Compliant

Effective organisation wide governance systems relating to the following:

1. information management;
2. continuous improvement;
3. financial governance;
4. workforce governance, including the assignment of clear responsibilities and accountabilities;
5. regulatory compliance;
6. feedback and complaints.

### Requirement 8(3)(d) Compliant

Effective risk management systems and practices, including but not limited to the following:

1. managing high impact or high prevalence risks associated with the care of consumers;
2. identifying and responding to abuse and neglect of consumers;
3. supporting consumers to live the best life they can.

### Requirement 8(3)(e) Compliant

Where clinical care is provided—a clinical governance framework, including but not limited to the following:

1. antimicrobial stewardship;
2. minimising the use of restraint;
3. open disclosure.

# Areas for improvement

There are no specific areas identified in which improvements must be made to ensure compliance with the Quality Standards. The provider is, however, required to actively pursue continuous improvement in order to remain compliant with the Quality Standards.