Transcript

Aged Care Quality and Safety Commission

Antimicrobial Stewardship

**Presented by:**

Speaker

[*Opening visual of slide with text saying ‘Australian Government with Crest (logo)’, ‘Aged Care Quality and Safety Commission’, ‘What is antimicrobial stewardship?’, ‘Engage’, ‘Empower’, ‘Safeguard’*]

[*The visuals during this video are of slides with text and animations representing what is being said at the time during the video*]

**Speaker:**

What is antimicrobial stewardship?

When you are sick with an infection you can take medicines to treat the infection. These are called antimicrobials and include antibiotics, antivirals, antifungals and antiparasitics. Antimicrobials can speed up your recovery from infection. They can save your life if you have a serious infection.

§(Music Playing)§

But did you know if antimicrobials are misused or overused the bugs that can cause infections can become resistant to them. This means that the antimicrobials work less well and may not be able to effectively treat infections. This is known as antimicrobial resistance.

[*Visual of slide with text saying ‘Did you Know?’, ‘Misuse or overuse’, ‘Medication less effective’, Antimicrobial resistance’*]

§(Music Playing)§

[*Visual of slide with text saying ‘Antimicrobial resistance’*]

[*Visual of slide with text saying 'So what can we all do?’*]

So what can we all do to prevent antimicrobial resistance? We can learn about antimicrobial stewardship. This is about the careful use of antimicrobials to prevent bugs from developing resistance.

[*Visual of slide with text saying ‘We can learn about Antimicrobial stewardship’*]

[*Visual of slide with text saying ‘Antibiotics’, ‘Antivirals’, ‘Antifungals’, ‘Antiparasitics’*]

Antimicrobials are commonly used for treating infections. Sometimes they are also used for preventing infections for longer durations than for treatment. It is important when they are used for treating or preventing infections that they are used carefully.

Careful use of antimicrobials means using the right antimicrobial to treat the confirmed condition, the right dose by the right route at the right time for the right duration.

Consumers, doctors, nurses and pharmacists are all important in antimicrobial stewardship.

[*Visual of slide with text saying ‘Be aware’, ‘Monitor use’, ‘Talk to your GP’, ‘Avoid if don’t need’*]

As a consumer you can be aware of antimicrobial resistance, monitor your own use of antimicrobials, talk with your doctor about various treatment options and avoid taking if you don’t need them.

§(Music Playing)§

[*Closing visual of slide with text saying ‘Australian Government with Crest (logo)’, ‘Aged Care Quality and Safety Commission’, ‘For more information you can refer to the Commission’s online resources here:’, ‘https://www.agedcarequality.gov.au/antimicrobial-stewardship/consumer-resources’, ‘or this link:’, ‘https://www.agedcarequality.gov.au/consumers’, ‘Engage’, ‘Empower’, ‘Safeguard’*]

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