Blacktown Meals On Wheels Service

Performance Report

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| **Address:** | 2 Gribble PlaceBLACKTOWN NSW 2148 |
| **Phone:** | 02 9622 6183 |
| **Commission ID:** | 200675 |
| **Provider name:** | Blacktown Meals On Wheels Inc |
| **Activity type:** | Quality Audit |
| **Activity date:** | 20 June 2022 to 22 June 2022 |
| **Performance report date:** | 1 September 2022 |

# Performance report prepared by

G. McNamara, delegate of the Aged Care Quality and Safety Commissioner.

# Publication of report

This Performance Report **will be published** on the Aged Care Quality and Safety Commission’s website under the Aged Care Quality and Safety Commission Rules 2018.

**Services included in this assessment**

**CHSP:**

* Meals, 4-7XP5KEQ, 2 Gribble Place, BLACKTOWN NSW 2148
* Transport, 4-7XP5K1X, 2 Gribble Place, BLACKTOWN NSW 2148

# Overall assessment of Services

|  |  |  |
| --- | --- | --- |
| Standard 1 Consumer dignity and choice | CHSP |  Compliant |
| Requirement 1(3)(a) | CHSP |  Compliant |
| Requirement 1(3)(b) | CHSP |  Compliant |
| Requirement 1(3)(c)  | CHSP |  Compliant |
| Requirement 1(3)(d)  | CHSP |  Compliant |
| Requirement 1(3)(e)  | CHSP |  Compliant |
| Requirement 1(3)(f)  | CHSP |  Compliant |
|  |  |  |
| Standard 2 Ongoing assessment and planning with consumers | CHSP |  Compliant |
| Requirement 2(3)(a) | CHSP |  Compliant |
| Requirement 2(3)(b) | CHSP |  Compliant |
| Requirement 2(3)(c) | CHSP |  Compliant |
| Requirement 2(3)(d) | CHSP |  Compliant |
| Requirement 2(3)(e) | CHSP |  Compliant |
|  |  |  |
| Standard 3 Personal care and clinical care | CHSP | Not Applicable |
|  |  |  |
| Standard 4 Services and supports for daily living | CHSP |  Compliant |
| Requirement 4(3)(a) | CHSP |  Compliant |
| Requirement 4(3)(b) | CHSP |  Compliant |
| Requirement 4(3)(c) | CHSP |  Compliant |
| Requirement 4(3)(d) | CHSP |  Compliant |
| Requirement 4(3)(e) | CHSP |  Compliant |
| Requirement 4(3)(f) | CHSP |  Compliant |
| Requirement 4(3)(g) | CHSP |  Not Applicable |
|  |  |  |
| Standard 5 Organisation’s service environment | CHSP |  Compliant |
| Requirement 5(3)(a) | CHSP |  Compliant |
| Requirement 5(3)(b) | CHSP |  Compliant |
| Requirement 5(3)(c) | CHSP |  Compliant |
| Standard 6 Feedback and complaints | CHSP |  Compliant |
| Requirement 6(3)(a) | CHSP |  Compliant |
| Requirement 6(3)(b) | CHSP |  Compliant |
| Requirement 6(3)(c)  | CHSP |  Compliant |
| Requirement 6(3)(d)  | CHSP |  Compliant |
|  |  |  |
| Standard 7 Human resources | CHSP |  Compliant |
| Requirement 7(3)(a) | CHSP |  Compliant |
| Requirement 7(3)(b) | CHSP |  Compliant |
| Requirement 7(3)(c)  | CHSP |  Compliant |
| Requirement 7(3)(d) | CHSP |  Compliant |
| Requirement 7(3)(e)  | CHSP |  Compliant |
|  |  |  |
| Standard 8 Organisational governance | CHSP |  Compliant |
| Requirement 8(3)(a) | CHSP |  Compliant |
| Requirement 8(3)(b) | CHSP |  Compliant |
| Requirement 8(3)(c)  | CHSP |  Compliant |
| Requirement 8(3)(d) | CHSP |  Compliant |
| Requirement 8(3)(e)  | CHSP |  Not Applicable |

# Detailed assessment

This performance report details the Commissioner’s assessment of the provider’s performance, in relation to the services, against the Aged Care Quality Standards (Quality Standards). The Quality Standard and requirements are assessed as either compliant or non-compliant at the Standard and requirement level where applicable.

The report also specifies areas in which improvements must be made to ensure the Quality Standards are complied with.

The following information has been taken into account in developing this performance report:

* the Assessment Team’s report for the Quality Audit; the Quality Audit report was informed by a site assessment, observations at the service, review of documents and interviews with staff, consumers/representatives and others
* the provider’s response to the Quality Audit report received 8 July 2022.

# STANDARD 1 Consumer dignity and choice

#  CHSP Compliant

### Consumer outcome:

1. I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

### Organisation statement:

1. The organisation:
2. has a culture of inclusion and respect for consumers; and
3. supports consumers to exercise choice and independence; and
4. respects consumers’ privacy.

## Assessment of Standard 1

Consumers said they are treated with dignity and respect, can maintain their identity, make informed choices about their services, and live the life they choose. They said their personal privacy is respected and their personal information kept confidential.

Service provided are culturally appropriate and consumers are supported to exercise choice, including when others should be involved. Each consumer is supported to take risks to enable them to live the best life they can, and staff could describe the process and showed familiarity with choices consumers had made.

The staff and volunteer code of conduct requires that services are provided respectfully, and they are sensitive to the cultural values of the consumer from diverse backgrounds who are in receipt of services.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as six of the six specific requirements have been assessed as Compliant.

**Assessment of Standard 1 Requirements**

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| --- | --- | --- |
| Requirement 1(3)(a) | CHSP  | Compliant |
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*Each consumer is treated with dignity and respect, with their identity, culture and diversity valued.*

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| Requirement 1(3)(b) | CHSP  | Compliant |
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### *Care and services are culturally safe.*

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| --- | --- | --- |
| Requirement 1(3)(c) | CHSP  | Compliant |
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*Each consumer is supported to exercise choice and independence, including to:*

1. *make decisions about their own care and the way care and services are delivered; and*
2. *make decisions about when family, friends, carers or others should be involved in their care; and*
3. *communicate their decisions; and*
4. *make connections with others and maintain relationships of choice, including intimate relationships.*

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| Requirement 1(3)(d) | CHSP  | Compliant |
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### *Each consumer is supported to take risks to enable them to live the best life they can.*

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| Requirement 1(3)(e) | CHSP  | Compliant |
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*Information provided to each consumer is current, accurate and timely, and communicated in a way that is clear, easy to understand and enables them to exercise choice.*

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| Requirement 1(3)(f) | CHSP  | Compliant |
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*Each consumer’s privacy is respected and personal information is kept confidential.*

# STANDARD 2 Ongoing assessment and planning with consumers

#  CHSP Compliant

### Consumer outcome:

### I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well-being.

### Organisation statement:

1. The organisation undertakes initial and ongoing assessment and planning for care and services in partnership with the consumer. Assessment and planning has a focus on optimising health and well-being in accordance with the consumer’s needs, goals and preferences.

## Assessment of Standard 2

Consumers confirmed that they feel like partners in the ongoing assessment and planning of their meal services. They confirmed that they were satisfied with the services they received, and they were in line with their preferences. Consumers confirmed they are involved in choosing and planning their meal services, and others are involved if they wished. Assessment and consumer documentation sighted included evidence of ongoing monitoring and changes, and services reviewed regularly when needs or circumstances changes. Staff and volunteers demonstrated the outcomes of the assessment and care planning are used in the delivery of care and services for consumers.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as five of the five specific requirements have been assessed as Compliant.

**Assessment of Standard 2 Requirements**

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| Requirement 2(3)(a) | CHSP  | Compliant |
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*Assessment and planning, including consideration of risks to the consumer’s health and well-being, informs the delivery of safe and effective care and services.*

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| Requirement 2(3)(b) | CHSP  | Compliant |
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*Assessment and planning identifies and addresses the consumer’s current needs, goals and preferences, including advance care planning and end of life planning if the consumer wishes.*

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| Requirement 2(3)(c) | CHSP  | Compliant |
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*The organisation demonstrates that assessment and planning:*

1. *is based on ongoing partnership with the consumer and others that the consumer wishes to involve in assessment, planning and review of the consumer’s care and services; and*
2. *includes other organisations, and individuals and providers of other care and services, that are involved in the care of the consumer.*

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| Requirement 2(3)(d) | CHSP  | Compliant |
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*The outcomes of assessment and planning are effectively communicated to the consumer and documented in a care and services plan that is readily available to the consumer, and where care and services are provided.*

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| Requirement 2(3)(e) | CHSP  | Compliant |
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*Care and services are reviewed regularly for effectiveness, and when circumstances change or when incidents impact on the needs, goals or preferences of the consumer.*

# STANDARD 3 Personal care and clinical care

#  CHSP Not Applicable

### Consumer outcome:

1. I get personal care, clinical care, or both personal care and clinical care, that is safe and right for me.

### Organisation statement:

1. The organisation delivers safe and effective personal care, clinical care, or both personal care and clinical care, in accordance with the consumer’s needs, goals and preferences to optimise health and well-being.

The services do not provide clinical or personal care therefore this Standard is Not Applicable.

# STANDARD 4 Services and supports for daily living

#  CHSP Compliant

### Consumer outcome:

1. I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

### Organisation statement:

1. The organisation provides safe and effective services and supports for daily living that optimise the consumer’s independence, health, well-being and quality of life.

## Assessment of Standard 4

Consumers are satisfied with service they receive, which accommodates their needs

and preferences and allows them to continue to maintain their health and wellbeing

and supports their lifestyle choices. The service demonstrated an understanding of what is important to individual consumers and how the provision of a flexible service supports the wellbeing of the consumer. The service demonstrated that staff and volunteers have access to consumer information that helps them provide a meal service that respects the consumer’s choices. Staff advise that generally they liaise with consumers and representatives when changes occur, and consumer/family usually prefer to manage themselves. They encourage them to request additional services or higher-level care via My Aged care.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as six of six applicable requirements have been assessed as Compliant.

**Assessment of Standard 4 Requirements**

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| Requirement 4(3)(a) | CHSP  | Compliant |
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*Each consumer gets safe and effective services and supports for daily living that meet the consumer’s needs, goals and preferences and optimise their independence, health, well-being and quality of life.*

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| Requirement 4(3)(b) | CHSP  | Compliant |
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*Services and supports for daily living promote each consumer’s emotional, spiritual and psychological well-being.*

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| Requirement 4(3)(c) | CHSP  | Compliant |
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*Services and supports for daily living assist each consumer to:*

1. *participate in their community within and outside the organisation’s service environment; and*
2. *have social and personal relationships; and*
3. *do the things of interest to them.*

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| Requirement 4(3)(d) | CHSP  | Compliant |
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*Information about the consumer’s condition, needs and preferences is communicated within the organisation, and with others where responsibility for care is shared.*

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| Requirement 4(3)(e) | CHSP  | Compliant |
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*Timely and appropriate referrals to individuals, other organisations and providers of other care and services.*

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| Requirement 4(3)(f) | CHSP  | Compliant |
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*Where meals are provided, they are varied and of suitable quality and quantity.*

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| --- | --- | --- |
| Requirement 4(3)(g) | CHSP  | Not Applicable |
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*Where equipment is provided, it is safe, suitable, clean and well maintained.*

The service does not provide equipment therefore this requirement is Not Applicable.

# STANDARD 5 Organisation’s service environment

#  CHSP Compliant

### Consumer outcome:

1. I feel I belong and I am safe and comfortable in the organisation’s service environment.

### Organisation statement:

1. The organisation provides a safe and comfortable service environment that promotes the consumer’s independence, function and enjoyment.

## Assessment of Standard 5

Overall sampled consumers considered the centre they attended for the lunch meal was clean and comfortable and welcoming with parking availability and well-maintained pathways leading to the centre. Furniture, fittings, and equipment at the centre were well-maintained and suitable for consumers.

The environment was observed to be welcoming with adequate parking availability, signage to direct consumers/representatives and visitors, had well-maintained pathways leading to the centre.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as three of the three specific requirements have been assessed as Compliant.

## Assessment of Standard 5 Requirements

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| Requirement 5(3)(a) | CHSP  | Compliant |
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*The service environment is welcoming and easy to understand, and optimises each consumer’s sense of belonging, independence, interaction and function.*

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| Requirement 5(3)(b) | CHSP  | Compliant |
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*The service environment:*

1. *is safe, clean, well maintained and comfortable; and*
2. *enables consumers to move freely, both indoors and outdoors.*

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| Requirement 5(3)(c) | CHSP  | Compliant |
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*Furniture, fittings and equipment are safe, clean, well maintained and suitable for the consumer.*

# STANDARD 6 Feedback and complaints

#  CHSP Compliant

### Consumer outcome:

1. I feel safe and am encouraged and supported to give feedback and make complaints. I am engaged in processes to address my feedback and complaints, and appropriate action is taken.

### Organisation statement:

1. The organisation regularly seeks input and feedback from consumers, carers, the workforce and others and uses the input and feedback to inform continuous improvements for individual consumers and the whole organisation.

## Assessment of Standard 6

Consumers confirmed they provide feedback and suggestions at any time in relation to the service and their satisfaction with the meals. Their feedback and suggestions are sought from staff and volunteers, and they were aware of their right to make a complaint. They are provided with information and assisted if required to access an advocacy service or contact external complaints mechanisms, although advised they have not needed to do this yet.

Staff encourage consumers to provide feedback and are actively engaged in seeking individual consumers’ opinions and suggestions for improvement. All feedback is analysed and feeds into the continuous improvement processes. Open disclosure is practiced when the service has not met the consumer’s expectations.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as four of the four specific requirements have been assessed as Compliant.

## Assessment of Standard 6 Requirements

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| Requirement 6(3)(a) | CHSP  | Compliant |
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*Consumers, their family, friends, carers and others are encouraged and supported to provide feedback and make complaints.*

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| --- | --- | --- |
| Requirement 6(3)(b) | CHSP  | Compliant |
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*Consumers are made aware of and have access to advocates, language services and other methods for raising and resolving complaints.*

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| Requirement 6(3)(c) | CHSP  | Compliant |
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*Appropriate action is taken in response to complaints and an open disclosure process is used when things go wrong.*

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| Requirement 6(3)(d) | CHSP  | Compliant |
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*Feedback and complaints are reviewed and used to improve the quality of care and services.*

# STANDARD 7 Human resources

#  CHSP Compliant

### Consumer outcome:

1. I get quality care and services when I need them from people who are knowledgeable, capable and caring.

### Organisation statement:

1. The organisation has a workforce that is sufficient, and is skilled and qualified, to provide safe, respectful and quality care and services.

## Assessment of Standard 7

Consumers confirmed that their meal services are provided by regular volunteers who knew them well and were concerned about their wellbeing. They said staff treated them with respect and were attentive to their needs, they confirmed that the chef and kitchen staff always provided them with nutritious and quality meals.

The service was able to demonstrate the workforce interactions with consumers are kind, caring and respectful of each consumer’s identity, culture, and diversity.

Staff and volunteers receive initial induction, relevant training and are supported in their role, and their responsibilities are clearly defined. Staff performance is reviewed regularly, and action is taken if consumers raise any issues regarding staff or volunteers. They attend meetings and communicate with management if they have concerns or require additional support.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as five of the five specific requirements have been assessed as Compliant.

## Assessment of Standard 7 Requirements

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| Requirement 7(3)(a) | CHSP  | Compliant |
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*The workforce is planned to enable, and the number and mix of members of the workforce deployed enables, the delivery and management of safe and quality care and services.*

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| Requirement 7(3)(b) | CHSP  | Compliant |
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*Workforce interactions with consumers are kind, caring and respectful of each consumer’s identity, culture and diversity.*

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| Requirement 7(3)(c) | CHSP  | Compliant |
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*The workforce is competent and the members of the workforce have the qualifications and knowledge to effectively perform their roles.*

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| Requirement 7(3)(d) | CHSP  | Compliant |
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*The workforce is recruited, trained, equipped and supported to deliver the outcomes required by these standards.*

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| Requirement 7(3)(e) | CHSP  | Compliant |
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*Regular assessment, monitoring and review of the performance of each member of the workforce is undertaken.*

# STANDARD 8 Organisational governance

#  CHSP Compliant

### Consumer outcome:

1. I am confident the organisation is well run. I can partner in improving the delivery of care and services.

### Organisation statement:

1. The organisation’s governing body is accountable for the delivery of safe and quality care and services.

## Assessment of Standard 8

Consumers described how they provide feedback, via surveys and feedback processes. They confirmed they give feedback verbally to staff or volunteers and were observed by the Assessment team to be involved in the planning of and delivery of their services, and the centre-based activities.

Staff and volunteers interviewed thought the service is well run and said they are guided by policies and procedures, job descriptions, client handbooks, and specific task and run sheets to deliver services. They said they effectively communication as a team and know each other’s roles, and this ensure the service runs smoothly and they and consumers receive safe and nutritious meals. They said management are approachable and they can discuss any concerns or queries they have.

The organisation could demonstrate effective organisation wide systems in relation to information management, continuous improvement, financial governance, workforce governance and feedback and complaints. While the need for some improvements were identified in relation to regulatory compliance, the organisation could demonstrate compliance across other relevant requirements, which evidenced generally sound governance systems.

The Quality Standard for the Commonwealth home support programme services is assessed as Compliant as four of the four applicable requirements have been assessed as Compliant.

## Assessment of Standard 8

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| Requirement 8(3)(a) | CHSP  | Compliant |
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*Consumers are engaged in the development, delivery and evaluation of care and services and are supported in that engagement.*

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| Requirement 8(3)(b) | CHSP  | Compliant |
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*The organisation’s governing body promotes a culture of safe, inclusive and quality care and services and is accountable for their delivery.*

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| Requirement 8(3)(c) | CHSP  | Compliant |
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*Effective organisation wide governance systems relating to the following:*

1. *information management;*
2. *continuous improvement;*
3. *financial governance;*
4. *workforce governance, including the assignment of clear responsibilities and accountabilities;*
5. *regulatory compliance;*
6. *feedback and complaints.*

Findings

The Assessment Team identified no concerns in relation to information management, continuous improvement, financial governance, workforce governance and feedback and complaints, and I agree with these findings.

However, in relation to regulatory compliance the Assessment Team found that Board members said they did not have a full knowledge of regulatory requirements which, they stated, staff have the responsibility for. The Assessment Team also found that the Board had been in that role for 20 years (on a voluntary basis) and in addition to the being on the board of management they assist with meal deliveries, but indicated that they had limited knowledge of the Aged Care Quality Standards and did not receive updates from the Department of Health.

The Assessment Team was advised that approximately one (1) year ago the organisation had employed a new General Manager and the flow of relevant information was improving. The organisation indicated that a year ago they employed a new GM and are now more informed.

The Assessment Team was further advised that the service had approached its peak body and would participate in relevant training, and well as retaining expertise to identify gaps in board member knowledge and plans to put in place to provide the board of management with information on the changes, and a refresher board induction.

In its written response the organisation confirmed these matters and provided an update on its progress.

I acknowledge these matters and the organisation’s commitment to improvement. I also acknowledge that the organisation has demonstrated compliance across other relevant requirements, which evidenced generally sound governance systems.

I find this requirement Compliant.

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| Requirement 8(3)(d) | CHSP  | Compliant |
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*Effective risk management systems and practices, including but not limited to the following:*

1. *managing high impact or high prevalence risks associated with the care of consumers;*
2. *identifying and responding to abuse and neglect of consumers;*
3. *supporting consumers to live the best life they can*
4. *managing and preventing incidents, including the use of an incident management system.*

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| Requirement 8(3)(e) | CHSP  | Not Applicable |
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*Where clinical care is provided—a clinical governance framework, including but not limited to the following:*

1. *antimicrobial stewardship;*
2. *minimising the use of restraint;*
3. *open disclosure.*

The organisation does not provide clinical care therefore this requirement is Not Applicable.

# Areas for improvement

There are no specific areas identified in which improvements must be made to ensure compliance with the Quality Standards. The provider is, however, required to actively pursue continuous improvement in order to remain compliant with the Quality Standards.