

Ka hortaga Caabuqa Goobta Kaadi mareenka Garo fuuqbaxa

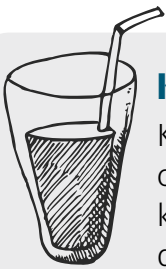
Shaxda midabka kaadida



Calaamadaha fuuqbaxa

Saan iyo cirib

- Madax xannuun
- Af qalal ama bishimaha
- Dareemida oon/haraad
- Kaadi ureysa/ oo madow
- Kaadinta wax ka yar 4 mar maalintii
- Indhaha oo godmay
- Daal
- Gacmo qabow



Ka hortaga fuuq baxa

Ku dhiirigeli degenayaashu inay cabaan 1-2 litir oo biyo ah maalin kasta (ilaa uu kugula taliyo dhakhtarka GP-gu mooyee)



Dhiirigeli si joogta ah u faaruqinta kaadi heysta oo u kici ilaa intaad awoodid

Ficil u samee isla markiiba si aad u xalisid caloosha ku fadhida iyo dhibaatooyinka kaadi ceshad la'aanta.

Fadlan la hadal maareeyaha guriga daryeelka dadka da'da ah haddii aad wax su'aalo ah aad qabtid.

Waxaa laga isticmaalay NHS Nottinghamshire County Council Mashruuca 'In la geliyo ama Aan la Gelin iyo Shaqada Dhaktar Annie Joseph.



Australian Government
Aged Care Quality and Safety Commission



Si ka sii ficil u isticmaalida
antibiyootiga