St George Meals on Wheels (NSW)

Performance Report

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| **Address:** | 7 Holley RoadBEVERLY HILLS NSW 2209 |
| **Phone:** | 02 9584 1286 |
| **Commission ID:** | 200371 |
| **Provider name:** | St George Meals on Wheels (NSW) |
| **Activity type:** | Quality Audit |
| **Activity date:** | 6 May 2022 to 11 May 2022 |
| **Performance report date:** | 28 June 2022 |

# Performance report prepared by

G.McNamara, delegate of the Aged Care Quality and Safety Commissioner.

# Publication of report

This Performance Report **will be published** on the Aged Care Quality and Safety Commission’s website under the Aged Care Quality and Safety Commission Rules 2018.

**Services included in this assessment**

**CHSP:**

* Meals, 4-7YC6IG4, 7 Holley Road, BEVERLY HILLS NSW 2209

# Overall assessment of Service

|  |  |  |
| --- | --- | --- |
| Standard 1 Consumer dignity and choice | CHSP |  Compliant |
| Requirement 1(3)(a) | CHSP |  Compliant |
| Requirement 1(3)(b) | CHSP |  Compliant |
| Requirement 1(3)(c)  | CHSP |  Compliant |
| Requirement 1(3)(d)  | CHSP |  Compliant |
| Requirement 1(3)(e)  | CHSP |  Compliant |
| Requirement 1(3)(f)  | CHSP |  Compliant |
|  |  |  |
| Standard 2 Ongoing assessment and planning with consumers | CHSP  |  Compliant |
| Requirement 2(3)(a) | CHSP |  Compliant |
| Requirement 2(3)(b) | CHSP |  Compliant |
| Requirement 2(3)(c) | CHSP |  Compliant |
| Requirement 2(3)(d) | CHSP |  Compliant |
| Requirement 2(3)(e) | CHSP |  Compliant |
|  |  |  |
| Standard 3 Personal care and clinical care | CHSP |  Not Applicable |
| Standard 4 Services and supports for daily living | CHSP  |  Compliant |
| Requirement 4(3)(a) | CHSP |  Compliant |
| Requirement 4(3)(b) | CHSP |  Compliant |
| Requirement 4(3)(c) | CHSP |  Compliant |
| Requirement 4(3)(d) | CHSP |  Compliant |
| Requirement 4(3)(e) | CHSP |  Compliant |
| Requirement 4(3)(f) | CHSP |  Compliant |
| Requirement 4(3)(g) | CHSP |  Not Applicable |
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| Standard 5 Organisation’s service environment | CHSP  |  Not Applicable |
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| Standard 6 Feedback and complaints | CHSP  |  Compliant |
| Requirement 6(3)(a) | CHSP  |  Compliant |
| Requirement 6(3)(b) | CHSP |  Compliant |
| Requirement 6(3)(c)  | CHSP |  Compliant |
| Requirement 6(3)(d)  | CHSP |  Compliant |
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| Standard 7 Human resources | CHSP  |  Compliant |
| Requirement 7(3)(a) | CHSP  |  Compliant |
| Requirement 7(3)(b) | CHSP |  Compliant |
| Requirement 7(3)(c)  | CHSP |  Compliant |
| Requirement 7(3)(d) | CHSP |  Compliant |
| Requirement 7(3)(e)  | CHSP |  Compliant |
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| Standard 8 Organisational governance | CHSP  |  Compliant |
| Requirement 8(3)(a) | CHSP  |  Compliant |
| Requirement 8(3)(b) | CHSP |  Compliant |
| Requirement 8(3)(c)  | CHSP |  Compliant |
| Requirement 8(3)(d) | CHSP |  Compliant |
| Requirement 8(3)(e)  | CHSP | Not Applicable |

# Detailed assessment

This performance report details the Commissioner’s assessment of the provider’s performance, in relation to the services, against the Aged Care Quality Standards (Quality Standards). The Quality Standard and requirements are assessed as either compliant or non-compliant at the Standard and requirement level where applicable.

The report also specifies areas in which improvements must be made to ensure the Quality Standards are complied with.

The following information has been taken into account in developing this performance report:

* the Assessment Team’s report for the Quality Audit; the Quality Audit report was informed by a site assessment, observations at the service, review of documents and interviews with staff, consumers/representatives and others.

# STANDARD 1 Consumer dignity and choice

#  CHSP Compliant

### Consumer outcome:

1. I am treated with dignity and respect, and can maintain my identity. I can make informed choices about my care and services, and live the life I choose.

### Organisation statement:

1. The organisation:
2. has a culture of inclusion and respect for consumers; and
3. supports consumers to exercise choice and independence; and
4. respects consumers’ privacy.

## Assessment of Standard 1

Consumers and representatives provided positive feedback in relation to the Meals on Wheel service. They spoke positively regarding the volunteers and said they treated them with respect. They confirmed that the service understood their individual preferences, cultural background and maintained their privacy.

Coordination staff described how consumers and/or representatives are involved in making decisions about the services they receive and how their information is kept confidential. Volunteers demonstrated their knowledge of the consumers, their circumstances and their preferences.

A code of conduct, policies and procedures and training guides staff and volunteers to ensure services are provided to consumers in a manner that ensures they are safe, treated with dignity, their diversity valued and confidentiality maintained.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as six of the six specific requirements have been assessed Compliant.

**Assessment of Standard 1 Requirements**

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| Requirement 1(3)(a) | CHSP  | Compliant |
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*Each consumer is treated with dignity and respect, with their identity, culture and diversity valued.*

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| Requirement 1(3)(b) | CHSP  | Compliant |
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### *Care and services are culturally safe.*

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| Requirement 1(3)(c) | CHSP  | Compliant |
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*Each consumer is supported to exercise choice and independence, including to:*

1. *make decisions about their own care and the way care and services are delivered; and*
2. *make decisions about when family, friends, carers or others should be involved in their care; and*
3. *communicate their decisions; and*
4. *make connections with others and maintain relationships of choice, including intimate relationships.*

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| Requirement 1(3)(d) | CHSP  | Compliant |
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### *Each consumer is supported to take risks to enable them to live the best life they can.*

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| Requirement 1(3)(e) | CHSP  | Compliant |
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*Information provided to each consumer is current, accurate and timely, and communicated in a way that is clear, easy to understand and enables them to exercise choice.*

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| Requirement 1(3)(f) | CHSP  | Compliant |
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*Each consumer’s privacy is respected and personal information is kept confidential.*

# STANDARD 2 Ongoing assessment and planning with consumers

#  CHSP Compliant

### Consumer outcome:

### I am a partner in ongoing assessment and planning that helps me get the care and services I need for my health and well-being.

### Organisation statement:

1. The organisation undertakes initial and ongoing assessment and planning for care and services in partnership with the consumer. Assessment and planning has a focus on optimising health and well-being in accordance with the consumer’s needs, goals and preferences.

## Assessment of Standard 2

Consumers confirmed that they participate in ongoing assessment and planning of their meal services. They said they are involved in assessment and choice of menu plan. They also stated their individual preferences are considered, and the menu is flexible enough to ensure they can choose the combination they want. Consumers further stated the menu plan is written and noted services could be changed at their request at any time, that they felt supported by the service to make decisions and knew they could choose to involve others as advocates if they wished.

Assessment and service planning processes are in place in relation to the meal service. Office staff collect all necessary information to provide meals in line with dietary requirements and individual preferences. Coordination staff collect information on any physical needs that may affect the consumer and alert kitchen and volunteer staff and incorporate this in planning and delivery of services. An authorised person’s form is completed to allow staff to communicate with nominated representatives. Information collected is reviewed at least annually or as changes are communicated to office staff by consumers and/or their representative.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as five of the five specific requirements have been assessed Compliant.

**Assessment of Standard 2 Requirements**

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| Requirement 2(3)(a) | CHSP  | Compliant |
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*Assessment and planning, including consideration of risks to the consumer’s health and well-being, informs the delivery of safe and effective care and services.*

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| Requirement 2(3)(b) | CHSP  | Compliant |
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*Assessment and planning identifies and addresses the consumer’s current needs, goals and preferences, including advance care planning and end of life planning if the consumer wishes.*

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| Requirement 2(3)(c) | CHSP  | Compliant |
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*The organisation demonstrates that assessment and planning:*

1. *is based on ongoing partnership with the consumer and others that the consumer wishes to involve in assessment, planning and review of the consumer’s care and services; and*
2. *includes other organisations, and individuals and providers of other care and services, that are involved in the care of the consumer.*

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| Requirement 2(3)(d) | CHSP  | Compliant |
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*The outcomes of assessment and planning are effectively communicated to the consumer and documented in a care and services plan that is readily available to the consumer, and where care and services are provided.*

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| Requirement 2(3)(e) | CHSP  | Compliant |
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*Care and services are reviewed regularly for effectiveness, and when circumstances change or when incidents impact on the needs, goals or preferences of the consumer.*

# STANDARD 3 Personal care and clinical care

#  CHSP Not Applicable

### Consumer outcome:

1. I get personal care, clinical care, or both personal care and clinical care, that is safe and right for me.

### Organisation statement:

1. The organisation delivers safe and effective personal care, clinical care, or both personal care and clinical care, in accordance with the consumer’s needs, goals and preferences to optimise health and well-being.

The organisation does not provide personal care or clinical care therefore this Standard is Not Applicable.

# STANDARD 4 Services and supports for daily living

#  CHSP Compliant

### Consumer outcome:

1. I get the services and supports for daily living that are important for my health and well-being and that enable me to do the things I want to do.

### Organisation statement:

1. The organisation provides safe and effective services and supports for daily living that optimise the consumer’s independence, health, well-being and quality of life.

## Assessment of Standard 4

Consumers confirmed they get the services and supports for daily living that are important for their health and well-being. They confirmed the meals service helps them to remain independent and gave examples of how they are supported to live their life the way they choose and felt they were able to freely state their preferences. Consumers said staff and volunteers know them well and their likes and dislikes.

Coordination staff advised that generally they liaise with consumers and representatives when changes occur, and family usually prefer to manage themselves. They encourage them to request additional services or higher-level care via MAC, and will make a referral, if needed. Where services are not able to be delivered by the service MAC is informed.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as six of the six applicable requirements have been assessed as Compliant.

**Assessment of Standard 4 Requirements**

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| Requirement 4(3)(a) | CHSP  | Compliant |
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*Each consumer gets safe and effective services and supports for daily living that meet the consumer’s needs, goals and preferences and optimise their independence, health, well-being and quality of life.*

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| Requirement 4(3)(b) | CHSP  | Compliant |
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*Services and supports for daily living promote each consumer’s emotional, spiritual and psychological well-being.*

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| Requirement 4(3)(c) | CHSP  | Compliant |
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*Services and supports for daily living assist each consumer to:*

1. *participate in their community within and outside the organisation’s service environment; and*
2. *have social and personal relationships; and*
3. *do the things of interest to them.*

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| Requirement 4(3)(d) | CHSP  | Compliant |
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*Information about the consumer’s condition, needs and preferences is communicated within the organisation, and with others where responsibility for care is shared.*

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| Requirement 4(3)(e) | CHSP  | Compliant |
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*Timely and appropriate referrals to individuals, other organisations and providers of other care and services.*

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| Requirement 4(3)(f) | CHSP  | Compliant |
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*Where meals are provided, they are varied and of suitable quality and quantity.*

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| Requirement 4(3)(g) | CHSP  | Not Applicable |
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*Where equipment is provided, it is safe, suitable, clean and well maintained.*

The organisation does not provide equipment therefore this Requirement is Not Applicable.

# STANDARD 5 Organisation’s service environment

#  CHSP Not Applicable

### Consumer outcome:

1. I feel I belong and I am safe and comfortable in the organisation’s service environment.

### Organisation statement:

1. The organisation provides a safe and comfortable service environment that promotes the consumer’s independence, function and enjoyment.

The organisation does not provide a physical service environment therefore this Standard is Not Applicable.

**STANDARD 6 Feedback and complaints**

#  CHSP Compliant

### Consumer outcome:

1. I feel safe and am encouraged and supported to give feedback and make complaints. I am engaged in processes to address my feedback and complaints, and appropriate action is taken.

### Organisation statement:

1. The organisation regularly seeks input and feedback from consumers, carers, the workforce and others and uses the input and feedback to inform continuous improvements for individual consumers and the whole organisation.

## Assessment of Standard 6

Consumers and representatives advised they feel comfortable providing feedback or making a complaint should they wish. Consumers said they provide feedback at any time through a range of mechanisms such as verbal, via volunteers or written. Their satisfaction with meals is sought by office staff and volunteers regularly. They are aware of their right to make a complaint and can be assisted to access advocacy if required.

Staff encourage consumers to provide feedback, especially where a consumer indicates dissatisfaction with any aspect of the meal service. Management and members of the Board are actively engaged in seeking individual consumers’ opinions and suggestions for improvement. All feedback, positive and negative, is fed into the continuous improvement processes, both for the consumer and the organisation overall. Open disclosure is practiced when responding to complaints.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as four of the four specific requirements have been assessed Compliant.

## Assessment of Standard 6 Requirements

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| Requirement 6(3)(a) | CHSP  | Compliant |
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*Consumers, their family, friends, carers and others are encouraged and supported to provide feedback and make complaints.*

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| Requirement 6(3)(b) | CHSP  | Compliant |
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*Consumers are made aware of and have access to advocates, language services and other methods for raising and resolving complaints.*

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| Requirement 6(3)(c) | CHSP  | Compliant |
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*Appropriate action is taken in response to complaints and an open disclosure process is used when things go wrong.*

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| Requirement 6(3)(d) | CHSP  | Compliant |
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*Feedback and complaints are reviewed and used to improve the quality of care and services.*

# STANDARD 7 Human resources

#  CHSP Compliant

### Consumer outcome:

1. I get quality care and services when I need them from people who are knowledgeable, capable and caring.

### Organisation statement:

1. The organisation has a workforce that is sufficient, and is skilled and qualified, to provide safe, respectful and quality care and services.

## Assessment of Standard 7

Consumers and representatives interviewed confirmed they receive the agreed meal service as expected, are confident the staff and volunteers are competent and were complimentary of the respectful and caring approach shown towards them.

The service ensures that there are sufficient staff and volunteers to deliver the services as required by consumers.

The service was able to demonstrate new staff are supported with an onboarding programme, with roles and responsibilities of each role clearly defined. Staff performance is reviewed daily on an ongoing basis and as required. Action is taken promptly if consumers raise any issues regarding staff or volunteers.

The service keeps a record of qualifications and training completed by all staff and is monitored by the service. The service also maintains and keeps records of all police clearances, vaccination registers and other relevant onboarding, food safety certification records and training documents.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as five of the five specific requirements have been assessed Compliant.

## Assessment of Standard 7 Requirements

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| Requirement 7(3)(a) | CHSP  | Compliant |
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*The workforce is planned to enable, and the number and mix of members of the workforce deployed enables, the delivery and management of safe and quality care and services.*

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| Requirement 7(3)(b) | CHSP  | Compliant |
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*Workforce interactions with consumers are kind, caring and respectful of each consumer’s identity, culture and diversity.*

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| Requirement 7(3)(c) | CHSP  | Compliant |
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*The workforce is competent and the members of the workforce have the qualifications and knowledge to effectively perform their roles.*

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| Requirement 7(3)(d) | CHSP  | Compliant |
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*The workforce is recruited, trained, equipped and supported to deliver the outcomes required by these standards.*

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| Requirement 7(3)(e) | CHSP  | Compliant |
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*Regular assessment, monitoring and review of the performance of each member of the workforce is undertaken.*

# STANDARD 8 Organisational governance

#  CHSP Compliant

### Consumer outcome:

1. I am confident the organisation is well run. I can partner in improving the delivery of care and services.

### Organisation statement:

1. The organisation’s governing body is accountable for the delivery of safe and quality care and services.

## Assessment of Standard 8

Consumers interviewed were very satisfied with the way the service is run and indicated they liaise with the office staff to ensure the service meets their needs.

Management demonstrated there are systems and processes relating to governance that are regularly reviewed by the board and management that support the safe and effective operating procedures of the service and guide staff regarding their daily processes, management of the MOW centre, preparation, and delivery of meals and services. The service was able to demonstrate that it promotes a culture of safe, quality care and services and is accountable for the delivery.

The service information management, continuous improvement, financial governance, workforce governance, regulatory compliance, and feedback and complaints processes underpin and support the daily operations of the service.

Risk management processes include safe food handling, food safety audit, work health and safety, consumer assessment and safety, infection control and evacuation plans, and fire safety are in place.

The Quality Standard for the Commonwealth home support programme service is assessed as Compliant as four of the four applicable requirements have been assessed as Compliant.

## Assessment of Standard 8 Requirements

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| Requirement 8(3)(a) | CHSP  | Compliant |
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*Consumers are engaged in the development, delivery and evaluation of care and services and are supported in that engagement.*

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| Requirement 8(3)(b) | CHSP  | Compliant |
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*The organisation’s governing body promotes a culture of safe, inclusive and quality care and services and is accountable for their delivery.*

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| Requirement 8(3)(c) | CHSP  | Compliant |
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*Effective organisation wide governance systems relating to the following:*

1. *information management;*
2. *continuous improvement;*
3. *financial governance;*
4. *workforce governance, including the assignment of clear responsibilities and accountabilities;*
5. *regulatory compliance;*
6. *feedback and complaints.*

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| Requirement 8(3)(d) | CHSP  | Compliant |
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*Effective risk management systems and practices, including but not limited to the following:*

1. *managing high impact or high prevalence risks associated with the care of consumers;*
2. *identifying and responding to abuse and neglect of consumers;*
3. *supporting consumers to live the best life they can*
4. *managing and preventing incidents, including the use of an incident management system.*

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| Requirement 8(3)(e) | CHSP  | Not Applicable |
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*Where clinical care is provided—a clinical governance framework, including but not limited to the following:*

1. *antimicrobial stewardship;*
2. *minimising the use of restraint;*
3. *open disclosure.*

The organisation does not provide clinical care therefore this Requirement is Not Applicable.

# Areas for improvement

There are no specific areas identified in which improvements must be made to ensure compliance with the Quality Standards. The provider is, however, required to actively pursue continuous improvement in order to remain compliant with the Quality Standards.