

# Halkan lama isticmaalo ulaha cabirka kaadida!



Awaamiirta Australia waxay ku talinayaan **in baaritaanka ulaha cabirka kaadida ma aha talaabadii ugu horeysay ee lagu wiisateeyo UTIs** dadka da'da ah. Bedel ahaan gurigeenu wuxuu isticmaalaa wadiiqada Rugta caafimaadka.



**Bakteeriya kaadida ku jirta waxay noqon** kartaa mid caadiya dadka waaweyn.



Haddii ay kula tahay in degene uu leeyahay UTI, **isticmaal dariiqo shaybaar caafimaad** si loogu jeegareeyo calaamada iyo astaamaha iyo ficilkii la sameyn lahaa.



Siinta antibiyootiga markii aan dhab ahaan loogu baahneyn waxay keenaysaa hal **(1) saddexdii (3)-dii degene inay yeeshaan waxyeele sida shuban.**

**Fadlan la hadal maareeyaha guriga daryeelka dadka da'da ah haddii aad qabtid wax su'aalo ah.**

*Waxaa laga isticmaalay NHS Nottinghamshire County Council' Mashruuca 'In la geliyo ama Aan la Gelin iyo Shaqada Dhaktar Annie Joseph.*



Australian Government  
Aged Care Quality and Safety Commission



**Si ka sii fican  
u isticmaalida  
antibiyootiga**